## AVENUE HOUSE ESTATE TRUST

FOR STEPHENS HOUSE & GARDENS

Avenue House Estate Trust -Code of Conduct for Outdoor Fitness

## Training

The purpose of the code of conduct is:

To avoid conflict between those undertaking licensed fitness activities in the gardens and other gardens users.

To protect the gardens.

To ensure access to and use of public open space is preserved for all visitors.

To provide the opportunity for visitors to benefit from, enjoy and engage in fitness training in a variety of outdoor environments.

- To work alongside a licence agreement to ensure that fitness operators are complying with current health & safety regulation and best industry practice for the safety and enjoyment of all participants.
- To ensure that all Fitness Licensed operators are fully insured and hold liability for participant's safety, Avenue House Estate Trust accept no liability for any activity related to outdoor fitness training as part of the licence.

THE CODE:

The Fitness operator / licensee shall not have exclusive rights over any area of the Trust's Premises and shall ensure that right of way is given to members of the general public visiting the Trust's Premises.

No large items of keep fit equipment shall be used on the Trust's Premises other than hand held equipment e.g. Jogging weights, Kettle bells and resistance bands.

Fitness operators / Licensee's shall leave the Trust's Premises in a clean and tidy condition and be liable for any loss of or damage to any Trust's property through their direct improper use.

The Fitness Licensee shall abide by the Garden Regulations.

The Licensee shall ensure that the Trust's Property is not used for the purpose of fitness training i.e. benches, tables, trees, lamp posts, fences etc. To keep all pathways clear and accessible to all users.

The Fitness operator / Licensee shall not display, produce or distribute any sign or advertisement. The restriction of advertising applies to all boards, hoardings, flags, posters etc. displaying any organisation or company or brand name of any goods, including those of the Licensee / Fitness Operator.

Patron: Henry Edmunds President: Michael Gerson

Avenue House Estate Trust for Stephens House & Gardens, 17 East End Road, Finchley, London N3 3QE T: 020 8346 7812 F: 020 8371 0641 E: trust@stephenshouseandgardens.com www.stephenshouseandgardens.com Avenue House Estate Trust is a charitable company limited by guarantee Company registered in England & Wales, no. 4099007. Charity commission no. 1093908 The Fitness Operator / Licensee must ensure that no particular area of the Trust's Premises is overused to the extent that it causes unreasonable wear and tear to the fabric of the park e.g. waterlogged, obviously worn & muddy areas.

Gardens 'No Go' Zones:

You are not permitted to use:

- Areas within the gardens where training activities have a negative impact on other garden users, and Licensee's; e.g.
  - Intrusive noise, aggressive language etc.
- Areas of high pedestrian activity such as pathways.
- Areas clearly marked as formal garden areas & other garden sensitive locations such as; waterside areas, house terrace, long grass, conservation areas etc.
- Areas closed for renovation or upgrading.
- Any Gardens structures (Apart from those designated for fitness training), including trees, and furniture must not be used for training purposes.

Gardens 'No Go' Activities:

The following activities are not to be conducted by personal trainers / Group Licensee's:

- Amplified music or audio equipment, whistles and loud shouting or other intrusive noise-generating activities.
- Aggressive, intimidating or unreasonably noisy training activities that interferes with the comfort of other visitors.
- Use of objects that mark out an area to imply exclusive use.

As a licence holder you agree to abide by these guidelines at all times. Noncompliance to the above Code of Conduct and garden Regulations means you are at risk of losing your Fitness licence and being asked to leave the park with immediate effect.

2